Check out the LRC for all your academic needs!

- Appointment Tutoring
- Math Lab
- The Writing Center
- Study Skills
- Placement Testing
- Supplemental Instruction

Why Study Groups?

Let’s face it: college can be difficult. With the stress of lectures, papers, and projects, sometimes studying can take a back seat. Even if you remember to study on your own, sometimes you hit a road block and can’t make any progress. That’s where study groups come in handy. Study groups can give you that little push to take your learning to the next level.

How Can a Study Group Help Me?

Study groups can help you do the following:

- Say what you know out loud, which solidifies your understanding
- Exposes you to the ideas of others, and gets you thinking in different ways
- Increases the chance that all of the important information will be covered
- Motivates you to study in preparation for a group meeting.
- Subjects you to questions about your knowledge, and maybe even some challenges, that make you clarify and build on your thinking

How do I Get Started?

You can organize your study group in virtually no time at all! Just remember the 3 W’s:

Who:

Different students study in different ways. Sometimes, mixing up your study methods is the right way to go. Get to know students in your class. **Work with students who have the same goals as you, not just the same interests.**

When:

Decide how long and how often you will study. A good rule of thumb for studying is **for every hour you spend in the classroom, spend 2-3 hours studying.** Pick a good time where studying is beneficial for everyone in the group: not everyone is a morning person and not everyone is a night owl. **Don’t push yourself or the group too hard!** If you need to take breaks, take breaks!

Where:

Where you study matters. Pick a place that is within reasonable travel distance for everyone in the group. Try to pick somewhere that won’t be too distracting.

Things To Remember!

- **Set a specific goal.** Create a weekly schedule for reaching your goal—i.e.: to prepare for an upcoming test. Write it down!
- **Talk about the specific ways you will work together.** You can use many different methods such as pooling your notes, quizzing each other, or teaching each other different concepts. Set specific guidelines for how group members will be held accountable.
- **Limit group size.** Groups of five or less tend to experience the most success.